

Recsters Summer Camp



2024

Dear Families,

Here is a brief explanation of some of the activities that are included in the 2024 summer activity schedule:

Rotations- During this time Recsters will rotate to four different activities during the week. The activities are cooking, crafts, fitness, and science.

Quiet Reading—Recsters will go to the library at the beginning of each week and will be expected to check out books at their appropriate reading level to enjoy during our quiet reading time each day after lunch. We also have books available in the Recsters room, if needed.

Pool Time— We will be swimming around two-three hours a day at the Aquatic Center. Recsters should bring their swimsuits, towels, and sunscreen, unless noted on the schedule. If needed, counselors will assist with putting on sunscreen. **It is required that each child has sunscreen on before they enter the pool.** We will reapply half-way through swimming time. We understand we will have some non-swimmers in the program. We will have lifejackets at the aquatic center if needed. We will also try to group non-swimmers into certain areas with a dedicated staff member.

Field Trips—There will be one field trip scheduled each week. Please refer to the note section on the bottom of each page for any additional information. If your child does not go on the field trip, you will need to provide care for that time frame.

Library program— We will be participating in the North Liberty Library Summer Reading Program, usually held on Tuesdays.

Lunch & Snack- Recsters will need to bring a sack lunch every day to program unless noted otherwise. Recsters should also pack TWO snacks every day because we have snack in the morning and afternoon.

RAKs- Random Acts of Kindness, or RAK, is an activity done every Friday before lunch. This involves all Recster kids performing an act of kindness somewhere around the Rec Center or within walking distance in the city. Nothing is needed to be provided by parents for RAKs.

The schedule is subject to change due to unforeseen circumstances, but we like to stick as close to the schedule as possible. We are all looking forward to having a great summer! If you have any questions or concerns feel free to contact us at any time!

Program Director Matt Fielder

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Recster's office- 319-626-5734

Week 1 June 10th – 14th

Blank Park Zoo

Monday,	June 10 th , 2024	Tuesday, Jur	ne 11 th , 2024	Wednesday,	June 12 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:00	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:00-8:15	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:15-8:30	Load Bus
9:00-9:30	Group Game	9:00-9:45	Group Game	8:30	Leave Rec
9:30-10:00	Library Check Out	9:45-10:15	Rotations	10:00	Arrive @ Zoo
10:00-10:30	Rotations	10:15-12:00	Movie	12:00-12:30	Lunch @ Zoo
10:30-11:15	Free Time	12:00-12:30	Lunch	5:30	Return to Rec
11:15-12:00	Outside	12:30-12:45	Quiet Reading	5:30-6:00	Free Time
12:00-12:30	Lunch	12:45-1:00	Change for Pool		
12:30-12:45	Pool Rules Talk	1:00-3:30	Pool		
12:45-1:00	Change for Pool	3:30-3:45	Change		
1:00-3:30	Pool	3:45-4:00	Snack		
3:30-3:45	Change	4:00-4:45	Group Game		
3:45-4:00	Snack	4:45-6:00	Free Time		
4:00-4:45	Group Game				
4:45-6:00	Free Time				

Thursday, June 13 th ,2024		Friday, June	e 14 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game
9:30-10:00	Rotations	9:45-10:15	Rotations
10:00-11:00	Library Program	10:15-10:45	RAKs
11:00-12:00	Free Time	10:45-12:00	Free Time
12:00-12:30	Lunch	12:00-12:30	Lunch
12:30-12:45	Quiet Reading	12:30-12:45	Star Store
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool
1:00-3:30	Pool	1:00-3:30	Pool
3:30-3:45	Change	3:30-3:45	Change
3:45-4:00	Snack	3:45-4:00	Snack
4:00-4:45	Group Game	4:00-6:00	Free Time
4:45-6:00	Free Time		

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday

FIELD TRIP: Wednesday June 12th, Blank Park Zoo, Des Moines, IA

- Wear your field trip shirts on Wednesday.
- Recsters will eat lunch at Blank Park Zoo (Kids can bring lunch OR money for lunch at Zoo). You may send extra money.
- All Recsters are encouraged to bring water bottles each day in case we walk to a park.

Week 2 June 17th- 21st

Kernels Game

Monday,	June 17 th , 2024	Tuesday, Jur	ne 18 th , 2024	Wednesday,	June 19 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:30	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game	9:00-9:45	Group Game
9:30-10:00	Library	9:45-10:15	Rotations	9:45-10:15	Lunch @ Rec
10:00-10:30	Rotations	10:15-12:00	Movie	10:15-10:30	Load the Bus
10:30-11:15	Free Time	12:00-12:30	Lunch	10:30-10:45	Leave for Kernels
11:15-12:00	Outside	12:30-12:45	Quiet Reading	11:15-4:00	Kernels Game
12:00-12:30	Lunch	12:45-1:00	Change for Pool	4:00	Load the Bus
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	4:30	Return to Rec
12:45-1:00	Change for Pool	3:30-3:45	Change	4:30-4:45	Snack
1:00-3:30	Pool	3:45-4:00	Snack	4:45-6:00	Free Time
3:30-3:45	Change	4:00-4:45	Group Game		
3:45-4:00	Snack	4:45-6:00	Free Time		
4:00-4:45	Group Game				
4:45-6:00	Free Time				

Thursday, June 20th, 2024		Friday, June	e 21 st , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game
9:30-10:00	Rotations	9:45-10:15	Rotations
10:00-11:00	Library Program	10:15-10:45	RAKs
11:00-12:00	Free Time	10:45-12:00	Free Time
12:00-12:30	Lunch	12:00-12:30	Lunch
12:30-12:45	Quiet Reading	12:30-12:45	Star Store
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool
1:00-3:30	Pool	1:00-3:30	Pool
3:30-3:45	Change	3:30-3:45	Change
3:45-4:00	Snack	3:45-4:00	Snack
4:00-4:45	Group Game	4:00-6:00	Free Time
4:45-6:00	Free Time		

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday FIELD TRIP: Wednesday June 19th, Kernels baseball game in Cedar Rapids.

- Wear your field trip shirts and bring sunscreen on Wednesday.
- Recsters will need a sack lunch as we will eat before we leave.
- You may send money for water and any other concessions at the ballgame.

Week 3 June 24th- 28th

Adventureland

Monday,	June 24 th , 2024	Tuesday, Jur	ne 25 th , 2024	Wednesday,	June 26 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:00	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:00-8:15	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:15-8:30	Load Bus
9:00-9:30	Group Game	9:00-9:45	Group Game	8:30	Leave Rec
9:30-10:00	Library	9:45-10:15	Rotations	10:00	Arrive @ Park
10:00-10:30	Rotations	10:15-12:00	Movie	12:00-12:30	Lunch @ Park
10:30-11:15	Free Time	12:00-12:30	Lunch	5:45	Return to Rec
11:15-12:00	Outside	12:30-12:45	Quiet Reading	5:45-6:00	Go Home!
12:00-12:30	Lunch	12:45-1:00	Change for Pool		
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool		
12:45-1:00	Change for Pool	3:30-3:45	Change		
1:00-3:30	Pool	3:45-4:00	Snack		
3:30-3:45	Change	4:00-4:45	Group Game		
3:45-4:00	Snack	4:45-6:00	Free Time		
4:00-4:45	Group Game				
4:45-6:00	Free Time				

Thursday, June	e 27 th , 2024	Friday, June	Friday, June 28th, 2024		
7:00-8:30	Free Time	7:00-8:30	Free Time		
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda		
8:45-9:00	Snack	8:45-9:00	Snack		
9:00-9:30	Group Game	9:00-9:45	Group Game		
9:30-10:00	Rotations	9:45-10:15	Rotations		
10:00-11:00	Library Program	10:15-10:45	RAKs		
11:00-12:00	Free Time	10:45-12:00	Free Time		
12:00-12:30	Lunch	12:00-12:30	Lunch		
12:30-12:45	Quiet Reading	12:30-12:45	Star Store		
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool		
1:00-3:30	Pool	1:00-3:30	Pool		
3:30-3:45	Change	3:30-3:45	Snack		
3:45-4:00	Snack	3:45-4:00	Change		
4:00-4:45	Group Game	4:00-6:00	Free Time		
4:45-6:00	Free Time				

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday FIELD TRIP: Wednesday June 26th, Adventureland Amusement Park in Altoona.

- Kids **MUST** wear field trip shirts and bring sunscreen on **Wednesday**.
- Recsters will need to bring money for lunch and water on Wednesday.
- We will **NOT** be using the waterpark while there.

Week 4 *July 1st- 5th*

Fun Station

<u>Monday</u>	, July 1 st , 2024	Tuesday, Ju	ly 2 nd , 2024	Wednesday	July 3 rd , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:30	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game	9:00-9:45	Group Game
9:30-10:00	Library	9:45-10:15	Rotations	9:45-10:45	Outside
10:00-10:30	Rotations	10:15-12:00	Movie	10:45-11:30	Free Time
10:30-11:15	Free Time	12:00-12:30	Lunch	11:30-12:00	Lunch @ Rec
11:15-12:00	Outside	12:30-12:45	Quiet Reading	12:00-12:30	Load Bus
12:00-12:30	Lunch	12:45-1:00	Change for Pool	1:00	Arrive @ FS
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	3:30	Load Bus
12:45-1:00	Change for Pool	3:30-3:45	Change	4:00	Return to Rec
1:00-3:30	Pool	3:45-4:00	Snack	5:30-6:00	Go Home!
3:30-3:45	Change	4:00-4:45	Group Game		
3:45-4:00	Snack	4:45-6:00	Free Time		
4:00-4:45	Group Game				
4:45-6:00	Free Time				

Thursday, Jul	y 4 th , 2024	<u>Frid</u>	ay, Jul	y 5 th ,	<u> 2024</u>
No Program!	Happy 4 th !	7:00	-8:30	Free	Time
		8:30	-8:45	Dail	y Agen
		0.45		_	

8:30-8:45 Daily Agenda
8:45-9:00 Snack
9:00-9:45 Group Game
9:45-10:15 Rotations
10:15-10:45 RAKS
10:45-12:00 Free Time
12:00-12:30 Lunch
12:30-12:45 Star Store
12:45-1:00 Change for Pool
1:00-3:30 Pool
3:30-3:45 Change
3:45-4:00 Snack

4:00-6:00 Free Time

Notes: Swimming suit, towel, sunscreen: Every Day

FIELD TRIP: Wednesday July 3rd, Fun Station in Cedar Rapids, IA

- Wear your field trip shirts on Wednesday.
- We will be eating at the rec center before we leave so still pack a lunch as usual.
- All Recsters are encouraged to bring water bottles each day in case we walk to a park.

Week 5 July 8th- 12th Fun City

<u>Monday</u> ,	, July 8 th , 2024	Tuesday, Ju	ıly 9 th , 2024	Wednesday	, July 10 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:00	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:00-8:15	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:15-8:30	Load bus
9:00-9:30	Group Game	9:00-9:45	Group Game	10:00	Arrive @ Fun City
9:30-10:00	Library	9:45-10:15	Rotations	10:00-12:00	Fun City
10:00-10:30	Rotations	10:15-12:00	Movie	12:00-12:30	Lunch
10:30-11:15	Free Time	12:00-12:30	Lunch	12:30-4:00	Fun City Pool
11:15-12:00	Outside	12:30-12:45	Quiet Reading	4:00-4:15	Get on bus
12:00-12:30	Lunch	12:45-1:00	Change for Pool	5:45	Back to rec
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	5:45-6:00	Go home!
12:45-1:00	Change for Pool	3:30-3:45	Change		
1:00-3:30	Pool	3:45-4:00	Snack		
3:30-3:45	Change	4:00-4:45	Group Game		
3:45-4:00	Snack	4:45-6:00	Free Time		
4:00-4:45	Group Game				
4:45-6:00	Free Time				
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Thursd	ay, July 11 th , 2024	Friday, July 12	th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game
9:30-10:00	Rotations	9:45-10:15	Rotations
10:00-11:00	Library Program	10:15-10:45	RAKs
11:00-12:00	Free Time	10:45-12:00	Free Time
12:00-12:30	Lunch	12:00-12:30	Lunch
12:30-12:45	Quiet Reading	12:30-12:45	Star Store
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool
1:00-3:30	Pool	1:00-3:30	Pool
3:30-3:45	Change	3:30-3:45	Change
3:45-4:00	Snack	3:45-4:00	Snack
4:00-4:45	Group Game	4:00-6:00	Free Time
4:45-6:00	Free Time		

Notes: Swimming suit, towel, sunscreen: EVERY DAY

FIELD TRIP: Wednesday, July 10th, to Fun City in Burlington, IA.

- Wear your shirt on Wednesday, sunscreen, and clothes for swimming.
- Recsters will be able to swim at the outdoor waterpark. They will also receive a preloaded \$30 card which can be used for arcade, bowling, laser tag, etc. Parents may send more money to add to the card.
- All Recsters are encouraged to bring water bottles each day in case we walk to a park.
- Parents may send a sack lunch or money for lunch at Fun City.

Week 6 July 15th- 19th Movie @ the Mall

Monday,	July 15 th , 2024	Tuesday, Ju	ly 16 th , 2024	Wednesday,	July 17th, 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:30	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game	9:00-9:45	Group Game
9:30-10:00	Library	9:45-10:15	Rotations	9:45-10:30	Outside
10:00-10:30	Rotations	10:15-12:00	Movie	10:30-11:00	Free Time
10:30-11:15	Free Time	12:00-12:30	Lunch	11:00-11:15	Load the bus
11:15-12:00	Outside	12:30-12:45	Quiet Reading	11:30	Arrive @ Mall
12:00-12:30	Lunch	12:45-1:00	Change for Pool	11:30-12:15	Lunch @ Mall
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	12:15-1:30	Walking around
12:45-1:00	Change for Pool	3:30-3:45	Change	1:30-4:00	Movie
1:00-3:30	Pool	3:45-4:00	Snack	4:00	Load the Bus
3:30-3:45	Change	4:00-4:45	Group Game	4:15	Return to Rec
3:45-4:00	Snack	4:45-6:00	Free Time	4:15-4:30	Group Game
4:00-4:45	Group Game			4:30-5:00	Group Game
4:45-6:00	Free Time			5:00-6:00	Free Time

Thursday, July	/ 18 th , 2024	Friday, July	19 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game
9:30-10:00	Rotations	9:45-10:15	Rotations
10:00-11:00	Library Program	10:15-10:45	RAKs
11:00-12:00	Free Time	10:45-12:00	Free Time
12:00-12:30	Lunch	12:00-12:30	Lunch
12:30-12:45	Quiet Reading	12:30-12:45	Star Store
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool
1:00-3:30	Pool	1:00-3:30	Pool
3:30-3:45	Change	3:30-3:45	Change
3:45-4:00	Snack	3:45-4:00	Snack
4:00-4:45	Group Game	4:00-6:00	Free Time
4:45-6:00	Free Time		

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday FIELD TRIP: Wednesday July 17th, Coral Ridge Mall in Coralville.

- Wear your field trip shirts on Wednesday.
- There will be a little time to walk around the mall so you may send money with your child to shop if you'd like.
- Kids will have the option of eating at the food court or bringing their own packed lunch that they will eat at the mall.
- You may also send money for optional snacks at the movie theater.

Week 7 July 22nd- 26th

Super Skate

Monday,	July 22 nd , 2024	<u>Tuesday, Jul</u>	Tuesday, July 23 rd , 2024		Wednesday, July 24th, 2024	
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:45	Waking Up	
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:45-9:00	Daily Agenda	
8:45-9:00	Snack	8:45-9:00	Snack	9:00-9:15	Snack	
9:00-9:30	Group Game	9:00-9:45	Group Game	9:15-10:00	Group game	
9:30-10:00	Library	9:45-10:15	Rotations	10:00-10:45	Free Time	
10:00-10:30	Rotations	10:15-12:00	Movie	10:45-11:15	Lunch @ Rec	
10:30-11:15	Free Time	12:00-12:30	Lunch	11:15-11:30	Load Bus	
11:15-12:00	Outside	12:30-12:45	Quiet Reading	12:00	Arrive @ SS	
12:00-12:30	Lunch	12:45-1:00	Change for Pool	12:00-3:15	Skate!	
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	3:15-3:30	Load the Bus	
12:45-1:00	Change for Pool	3:30-3:45	Change	4:00	Return to Rec	
1:00-3:30	Pool	3:45-4:00	Snack	4:00-4:15	Snack	
3:30-3:45	Change	4:00-4:45	Group Game	4:15-5:00	Group Game	
3:45-4:00	Snack	4:45-6:00	Free Time	5:00-6:00	Free Time	
4:00-4:45	Group Game					
4:45-6:00	Free Time					

Thursday, July 25 th , 2024		Friday, July	Friday, July 26 th , 2024		
7:00-8:30	Free Time	7:00-8:30	Free Time		
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda		
8:45-9:00	Snack	8:45-9:00	Snack		
9:00-9:30	Group Game	9:00-9:45	Group Game		
9:30-10:00	Rotations	9:45-10:15	Rotations		
10:00-11:00	Library Program	10:15-10:45	RAKs		
11:00-12:00	Free Time	10:45-12:00	Free Time		
12:00-12:30	Lunch	12:00-12:30	Lunch		
12:30-12:45	Quiet Reading	12:30-12:45	Star Store		
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool		
1:00-3:30	Pool	1:00-3:30	Pool		
3:30-3:45	Change	3:30-3:45	Change		
3:45-4:00	Snack	3:45-4:00	Snack		
4:00-4:45	Group Game	4:00-6:00	Free Time		
4:45-6:00	Free Time				

Notes: Swimming suit, towel, sunscreen: EVERY DAY!

FIELD TRIP: Wednesday July 24th, to Super Skate in Cedar Rapids.

- Wear your field trip shirts on Wednesday and BRING SOCKS!!!
- We will be eating at the rec center before we leave so still pack a lunch as usual.
- You may also send money with your kid for concession stand at Super Skate.
- All Recsters are encouraged to bring water bottles each day in case we walk to a park.

Week 8 July 29th- August 2nd

Lost Island

Monday,	July 29 th , 2024	<u>Tuesday, Ju</u>	ly 30 th , 2024	Wednesday,	July 31 st , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:00	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:00-8:15	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:15-8:30	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game	8:30-8:45	Load the Bus
9:30-10:00	Library	9:45-10:15	Rotations	8:45-9:00	Leave for LI
10:00-10:30	Rotations	10:15-12:00	Movie	10:30-3:45	@ Lost LI
10:30-11:15	Free Time	12:00-12:30	Lunch	4:00-4:15	Load the Bus
11:15-12:00	Outside	12:30-12:45	Quiet Reading	4:15	Leave for Rec
12:00-12:30	Lunch	12:45-1:00	Change for Pool	5:45	Return to Rec
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	5:45-6:00	Go home!
12:45-1:00	Change for Pool	3:30-3:45	Change		
1:00-3:30	Pool	3:45-4:00	Snack		
3:30-3:45	Change	4:00-4:45	Group Game		
3:45-4:00	Snack	4:45-6:00	Free Time		
4:00-4:45	Group Game				
4:45-6:00	Free Time				

Thursday, August 1st, 2024		Friday, August 2 nd , 2024		
7:00-8:30	Free Time	7:00-8:30	Free Time	
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	
8:45-9:00	Snack	8:45-9:00	Snack	
9:00-9:30	Group Game	9:00-9:45	Group Game	
9:30-10:00	Rotations	9:45-10:15	Rotations	
10:00-11:00	Library Program	10:15-10:45	RAKs	
11:00-12:00	Free Time	10:45-12:00	Free Time	
12:00-12:30	Lunch	12:00-12:30	Lunch	
12:30-12:45	Quiet Reading	12:30-12:45	Star Store	
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool	
1:00-3:30	Pool	1:00-3:30	Pool	
3:30-3:45	Change	3:30-3:45	Change	
3:45-4:00	Snack	3:45-4:00	Snack	
4:00-4:45	Group Game	4:00-6:00	Free Time	
4:45-6:00	Free Time			

Notes: Swimming suit, towel, sunscreen: EVERY DAY!

FIELD TRIP: Wednesday July 31st, to Lost Island Waterpark in Waterloo.

- Wear your field trip shirt, bring swimming suit, towel, and sunscreen.
- We will get lunch at park so please bring money for lunch and any other concessions.
- All Recsters are encouraged to bring water bottles each day in case we walk to a park.

Week 9 August 5th- 9th

AIRFX

Monday, A	August 5 th , 2024	Tuesday, Aug	gust 6 th , 2024	Wednesday, A	August 7 th , 2024
7:00-8:30	Free Time	7:00-8:30	Free Time	7:00-8:30	Waking Up
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda
8:45-9:00	Snack	8:45-9:00	Snack	8:45-9:00	Snack
9:00-9:30	Group Game	9:00-9:45	Group Game	9:00-9:45	Rotations
9:30-10:00	Library	9:45-10:15	Rotations	9:45-10:30	Group game
10:00-10:30	Rotations	10:15-12:00	Movie	10:30-11:30	Free Time
10:30-11:15	Free Time	12:00-12:30	Lunch	11:30-12:00	Lunch
11:15-12:00	Outside	12:30-12:45	Quiet Reading	12:00-12:15	Load Bus
12:00-12:30	Lunch	12:45-1:00	Change for Pool	12:15	Leave for AIRFX
12:30-12:45	Pool Rules/ QR	1:00-3:30	Pool	1:00-3:30	Jump around!
12:45-1:00	Change for Pool	3:30-3:45	Change	3:30-3:45	Load the Bus
1:00-3:30	Pool	3:45-4:00	Snack	4:30	Return to Rec
3:30-3:45	Change	4:00-4:45	Group Game	4:30-4:45	Snack
3:45-4:00	Snack	4:45-6:00	Free Time	4:45-6:00	Free Time
4:00-4:45	Group Game				
4:45-6:00	Free Time				

Thursday, August 8th, 2024		Friday, August 9th, 2024		
7:00-8:30	Free Time	7:00-8:30	Free Time	
8:30-8:45	Daily Agenda	8:30-8:45	Daily Agenda	
8:45-9:00	Snack	8:45-9:00	Snack	
9:00-9:30	Group Game	9:00-9:45	Group Game	
9:30-10:00	Rotations	9:45-10:15	Rotations	
10:00-11:00	Library Program	10:15-10:45	RAKs	
11:00-12:00	Free Time	10:45-12:00	Free Time	
12:00-12:30	Lunch	12:00-12:30	Lunch	
12:30-12:45	Quiet Reading	12:30-12:45	Star Store	
12:45-1:00	Change for Pool	12:45-1:00	Change for Pool	
1:00-3:30	Pool	1:00-3:30	Pool	
3:30-3:45	Change	3:30-3:45	Change	
3:45-4:00	Snack	3:45-4:00	Snack	
4:00-4:45	Group Game	4:00-6:00	Free Time	
4:45-6:00	Free Time			

Notes: Swimming suit, towel, sunscreen: Monday, Tuesday, Thursday, and Friday.

FIELD TRIP: Wednesday, August 7th, to AirFx in Hiawatha, IA

IMPORTANT: Parent/Guardian must sign a waiver before we leave!

- Remember your field trip shirt! Special "jumping socks" will be provided by AirFx or you can bring your own jumping socks if you have them.
- We will eat lunch at the rec center as usual. You can send money for your child to spend at the concessions.
- All Recsters are encouraged to bring water bottles each day in case we walk to a park.

NORTH LIBERTY PARTICIPANT EMERGENCY INFORMATION FORM

Child's name:
Parent's name:
Home phone: Mom's/Dad's Work phone:
Child's School: Cell Phone:
Parent's Email
Birthdate:
In case of emergency, and parents cannot be reached; Notify the following:
Name:
Home phone: Work phone
Please list authorized adults able to pick up your child:
Does your child have any health concerns and/ or special needs? Please explain:
Does your child take any medication? Please explain:
Note any additional information that may be helpful in relating to your child.